



## Resources for Learning & Reading Online

All the resources listed here are currently free to access, either through free web access or because the school has paid for subscriptions which students and staff can use. The main exception is BBC television on iPlayer, which requires you to have a TV licence in order to watch. Also remember the Media Server on the school portal which gives access to a huge range of programmes relating to all subjects.

[PLEASE NOTE: any school subscriptions are for staff and students ONLY.]

The Thomas Hardy School Learning Resources Centre Twitter account:

**@THSbookworm** , gives regular updates and information on new and changing free resources. If you need help with any of the sources listed, or assistance finding specific resources, information or just require some book recommendations, the LRC staff can be reached by emailing [librarian@thomas-hardye.net](mailto:librarian@thomas-hardye.net)

Best wishes

Mrs Stevens




# Resources for Learning & Reading Online

# Accessit

<https://uk.accessit.online/thm04/#!>

AccessIT is the central website for the THS Learning Resources Centre, providing access to our books and online resources.

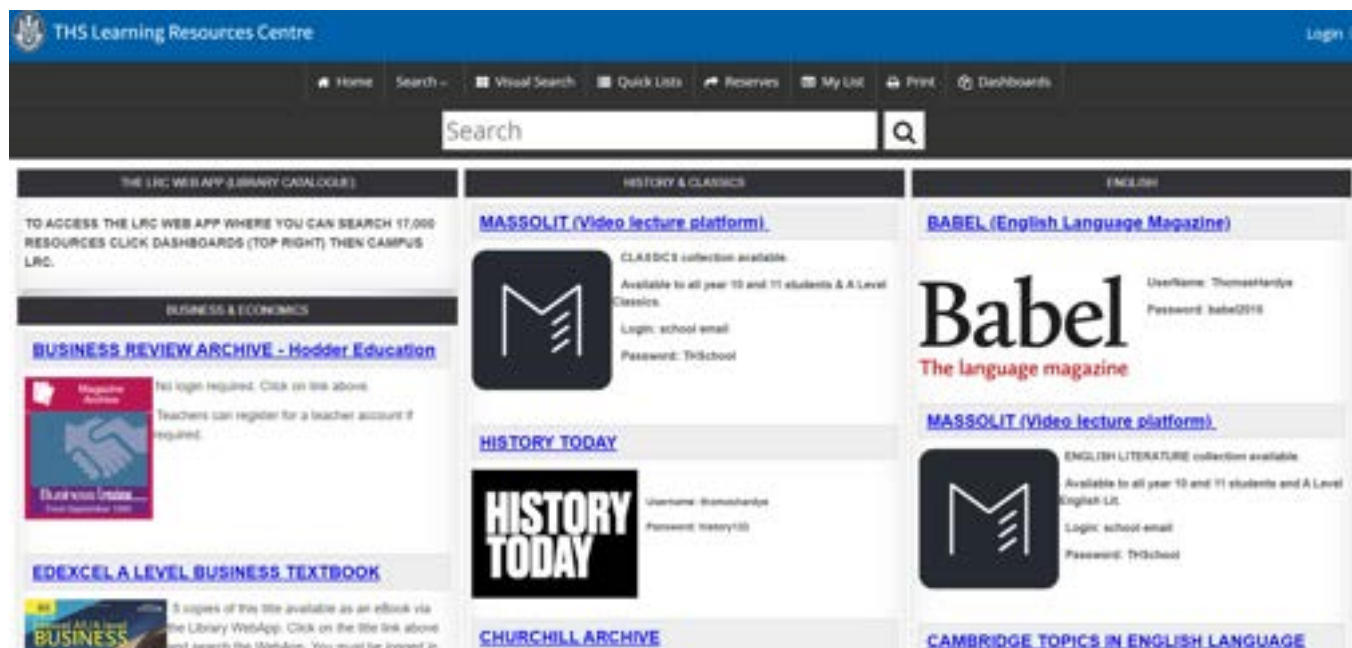
1. Type a title, author, keyword (e.g. immigration) in the search bar at the top of the page, then hit enter.
2. The books and other resources matching this term will now be listed on the initial results page.

To login to AccessIT click on  next to Login (top right) and then click on Click here to Login. You will need your school email and password to login. This will allow you to access eBooks online although this collection is limited at the current time.

Quick Lists gives you access to department wider reading lists provided by individual subjects.

# THS Digital Resources

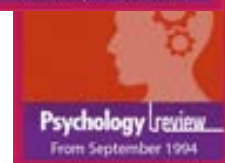
<https://uk.accessit.online/thm04/?serviceId=ExternalEvent&homepageSn=2>



This dashboard provides access to the 20+ digital resources which the school has purchased for staff and student use organised by broad subject area. You must be logged in to use most of these sources. To do this, click on ^ then Login (top right), then Click here to Login. You will need to use your school email and password. Other databases are accessed with generic logins/passwords which are given on this Dashboard. The sources available are given below, plus there is e access to some A Level textbooks.



**Babel**  
The language magazine



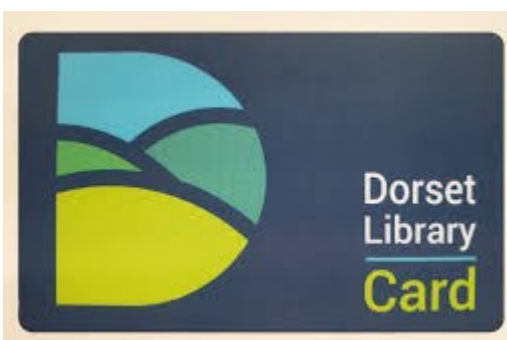
Previewed Politics



What are the President's implied powers as Commander-in-Chief?



# Dorset Public Libraries



The public library is richly equipped to support students and staff with reading for pleasure and research. People can join Dorset Libraries via digital membership during lockdown and upgrade to full membership when Libraries reopen. To join, you will need to [register online](#).

You can join online for a digital library membership which provides access to online resources only on the LibrariesWest website. You will be asked for a PIN number. Please create your own, this must be a 4 digit number. You must supply your date of birth in the sign-up form.

Digital library membership: Online digital membership gives you access to e-resources including e-books, e-audio, e-magazines, e-newspapers, e-comics and e-reference.

You can convert your digital membership to a full membership to borrow books, audio books and DVDs, by visiting your local library with proof of address. Library membership gives you access to e-resources as well as books, audio books and DVDs.

Where can I use my card? You can use your card in any of the 31 [libraries in Dorset](#).

You can also use your membership card in any [LibrariesWest](#) libraries in: Dorset, Bath and North East Somerset, Bristol, North Somerset, Poole, Somerset, South Gloucestershire You can borrow, return and reserve items to libraries in these areas. You can also use the library computers.

## Key Resources and Services

### CloudLibrary & BorrowBox

These apps provide Dorset public library members with access to a large collection of eBooks and audiobooks.



[Click here](#) for further details and to access CloudLibrary and BorrowBox

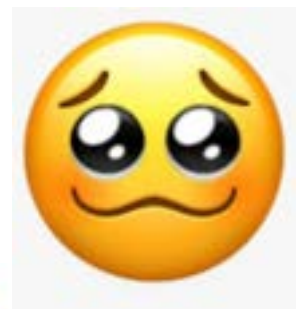
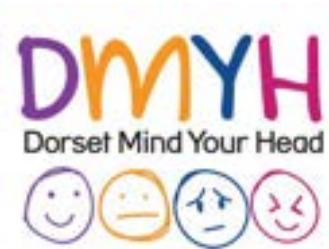
### Online Resources

- [Magazines](#) - via RBDigital
- [Comics](#) - via RBDigital
- [Newspapers](#) - daily papers via RBDigital and archive via Newsbank
- [Oxford Oxford Reference Online](#)
- [Oxford English Dictionary Online](#)
- [Oxford Music Online](#)

[Click here](#) to see the full list of resources available and how to log in to each one with your library card.

# Resources for Study Skills and Wellbeing

- [Dorset Mind Your Head](#) - Dorset-wide programme that aims to help young people of Dorset to be as mentally healthy as possible.
- [CrashCourse](#) - entertaining educational videos, including series on Media Literacy, Study Skills, and Navigating Digital Information
- [A Soft Murmur](#) - background noise to aid concentration
- [Rainy Mood](#), [Simply Noise](#) and [Coffitivity](#) - other options for background noise
- [f.lux](#) - this computer program aims to reduce eye strain from screen time by dimming and reducing blue light according to the time of day, helping you sleep.
- [Trello](#) and [Todoist](#) - popular websites / apps for to-do lists and time management
- [Workflow Timer](#) - an iPhone app for structuring your time
- [Flora](#) - a cute app to help you stay focussed while you work
- Habit Trackers - Done, [Habitica](#) and [Way of Life](#) are just a few of the many options out there for apps that track how you spend your time, and you progress towards personal goals.
- **HELPLINES** - the last two pages of this document list a range of UK and local helplines, from general crisis services to specific support networks. Several of these also offer text and email services, for anyone unable to call from their home.



# Resources for Reading for Pleasure



- [CloudLibrary & BorrowBox](#)—ebooks and audiobooks from Dorset County Libraries
- [Project Gutenberg](#) - ebooks of texts out of copyright
- [Librivox](#) - audiobooks of texts out of copyright, read by volunteers
- [Audible](#) - a wide selection of stories is available for free whilst schools are closed
- [RBDigital](#) - access to a wide range of magazines accessed with your library card including Top Gear, BBC Good Food, , Cosmopolitan, Vogue, GQ, Country Walking, Amateur Photographer
- [BookTrust Book Finder](#) - find out about books for all ages covering a wide variety of genres
- [Goodreads](#) - students can write their own reviews of books they have read, find book lists, take part in quizzes and discover new books to read
- [Poetry Foundation](#) - contemporary and classic poetry
- [Toppsta.com](#) - excellent website for books reviews for children of all ages from baby to Young Adult, as well as searching for books by age range and online resources.
- [Guardian Long Reads](#) - longform articles on a variety of topics including some audio recordings as a podcast
- [Hay Festival](#) - watch authors from the Hay Festival for Schools from the last 4 years of events
- [World Book Day Secondary Resources](#) - extracts and activities
- [BookRiot](#) - weekly podcast about what's new and cool in the world of books
- [Selected Shorts](#) - great actors read fiction in front of a live audience

## COMICS & GRAPHIC NOVELS

- [RBDigital](#) - huge selection of graphic novels and comics available from Dorset County Libraries, including Marvel, Star Wars, Aliens, Disney
- [GoComics](#) - comics and webcomics including some free content but you will need to subscribe

# Resources for All Subjects—Year 9 to 11



- [BBC Bitesize](#) – revision materials and resources for all curriculum subjects. The BBC also broadcast 2 hours of educational content for secondary students every day on BBC 2



- [Seneca](#) – cross curricular revision materials

- [Oak National Academy](#)—offers 10,000 free video lessons and resources

- [Encyclopaedia Britannica](#) – free access with your public library membership



- [Khan Academy](#) – cross-curricular resources up to sixth form equivalent

- [TedEd](#) – a curated version of TED Talks for younger learners

- [BBC Sounds: Documentaries](#) – audio documentaries on various topics



- [We Can Change the World](#) – podcast of interviews with inspiring young people

- [Wikipedia](#) – although it is not reliable enough to use for everything, Wikipedia is still a great place to browse out of curiosity

- If you are struggling to make sense of a topic, [Simple Wikipedia](#) can also be a very helpful tool



- [Newspapers](#)

First News – a newspaper for younger readers. Access provided through RBDigital

Newspapers worldwide including UK daily broadsheets. Access provided through RBDigital via Dorset Library Service



- [Issues Online](#) – articles, facts and videos on all PSHE subjects including Science, Crime, Media, Environmental Issues, Economics and Wellbeing  
Access via school account: Username - HEINRICH Password - 7003



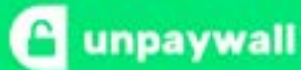
- [Complete Issues](#) – top articles and statistics on a whole range of subjects covering Ethics, Bullying, Disability, Wider World, Drugs, Food & Drink Finance  
Access via school account: Username - THSchool Password - THSchool



# Resources for All Subjects - Sixth Form



- Open Access journal articles - Open Access articles are available to read for free, and can most easily be found through a search of the [Directory of Open Access Journals](#). If you come across a paywalled article while researching that you would like to read, use the [Open Access Button](#) to search for a free and legal copy online, or email the article author directly to request a copy—most academics are delighted to freely share their work when asked. Other similar resources are [Unpaywall](#), [Open Textbooks](#), [Core](#) Open Access Research, [Project Muse](#) and the [Directory of Open Access Books](#).



- [Google Scholar](#) and [Google Books](#) - Many academic articles are available to search on Google Scholar, although the full text may not be linked—in these cases, try using the Open Access options above, or email [librarian@thomas-hardye.net](mailto:librarian@thomas-hardye.net). Similarly, Good Books has a vast index of books, many of which are available to read in full, but some will only be available as samples or for limited access.



- [Oxford Reference](#) - searchable reference titles on a variety of subjects. Includes encyclopaedias, dictionaries and books of quotations. Access provided by Dorset County Libraries.



- [Access to Research](#) - gives access to a wide range of academic articles and research contained in academic journals and conference proceedings. When accessing from home, users are limited to viewing abstracts only. Full texts of articles are only accessible from computers within Dorset Libraries.



- [British Library Reference Services](#) - the Reference Enquiry Team from the British Library will answer short research requests.



- Online Courses  
[OpenLearn](#) - courses and materials from the Open University  
[FutureLearn](#) - academic short course MOOCs from universities



- [TEDTalks](#) - cross-curricular video lectures
- [BBC Sounds: Documentaries](#) - audio documentaries on various topics



- [Newspapers](#)  
 Newspapers worldwide including UK daily broadsheets. Access provided through RBDigital via Dorset Library Service



- [Issues Online](#) – articles, facts and videos on all PSHE subjects including Science, Crime, Media, Environmental Issues, Economics and Wellbeing  
 Access via school account: Username - HEINRICH Password - 7003



- [Complete Issues](#) – top articles and statistics on a whole range of subjects covering Ethics, Bullying, Disability, Wider World, Drugs, Food & Drink Finance  
 Access via school account: Username - THSchool Password - THSchool



# Resources for Maths



5-a-day  
[5-a-day GCSE 9-1](#)  
[5-a-day Primary](#)  
[5-a-day Further Maths](#)  
[5-a-day Core 1](#)  
[5-a-day GCSE A\\*-G](#)



- [Paralell](#) - weekly maths puzzle challenges set by Dr Simon Singh
- [Alex Bellos's Monday Puzzles](#) - weekly maths and logic puzzles, with an archive going back to 2015
- [Numberphile](#) - popular, accessible maths videos
- [A Brief History of Mathematics](#) - a BBC podcast by Professor Marcus du Sautoy
- [Matt Parker](#) - YouTube videos from the "stand up mathematician"
- [The Secrets of Mathematics](#) - lecture series from Oxford University
- Marcus du Sautoy's [Five Shapes](#) and Simon Singh's [Numbers](#) - BBC podcasts
- [More or Less](#) - a BBC podcast about economics and maths
- [Dr Frost Maths](#) - a maths teacher's free resources and guidance for students
- [Corbett Maths 5 a day](#) - maths questions for every day of the year
- [Managing my Money for Young Adults](#) - a free course from the Open University covering taxes, budgeting, savings, credit and all you need to know about money and personal finances
- [A Mathematician's Guide to Beauty](#) - BBC radio show about beauty and maths
- [Planet Money](#)—another podcast about statistics
- [Succeed With Maths](#) - a two-day course from the Open University, designed for people who are looking to improve their confidence with maths
- [The Infinite Monkey Cage](#)—although primarily a show about science, there have been several episodes of this podcast that focussed on maths: Randomness, Infinity, Numbers, Love, Big Data and the Origin of Numbers

# Resources for English



- [MASSOLIT](#) – curriculum based short talks by lecturers in English, including texts studied at GCSE and A Level. All students in Years 10 & 11 and A Level English Lit students have automatic access using their school email and password THSchool



- [Babel](#) - is a quarterly magazine about languages and linguistics. The school has access using details Username: ThomasHardye Password: babel2015

- [CloudLibrary & BorrowBoxx](#) – ebooks and audiobooks from Dorset County Library

- [Oxford English Dictionary Online](#) – the ultimate source on words, phrases and language. Access provided by Dorset County Library

- [Oxford Reference](#) – including the Oxford Dictionary of Original Shakespearean Pronunciation, Companion to English Literature, Dictionaries of Phrase & Fable plus multiple other dictionaries. Access provided by Dorset County Library

- [My Shakespeare](#) – full text, annotated, interactive editions of Shakespeare

- [Authorfy](#) – videos about books, writing and reading from famous and brand new authors, including 10 minute challenges

- [Project Gutenberg](#) – classic literature available to read online

- [Author Masterclasses](#) – videos from World Book Day authors

- [CrashCourse](#) – fun educational videos, including several series on Literature

- [Librivox](#) – audiobooks of texts out of copyright, read by volunteers

- [Poetry Foundation](#) – contemporary and classic poetry

- [iPlayer: Literature](#) – all the BBC TV shows about books in one place

- [The Allusionist](#) – a podcast about language and communication

- [Word of Mouth](#) – BBC podcast about the world of words and how we use them hosted by Micheal Rosen

- [Science Diction](#) - a podcast about words and the science stories behind them

- [British Library](#) – lots of activities and information about books

- [British Library sounds archive](#) - collection of accents and dialects globally





# Resources for Science

- [Science Focus, New Scientist, National Geographic, Popular Science, BBC Sky at Night, Wired](#) - all available to access through RB Digital and Dorset County Libraries
- [CrashCourse](#) - entertaining educational videos, including series on Anatomy, Physics, Astronomy, Biology, Chemistry and the History of Science
- [The Brain Scoop](#) - science and natural history videos from Natural History Museums around the world
- [The Infinite Monkey Cage](#) - a BBC comedy podcast about science with Brian Cox and Robin Ince
- [The Life Scientific](#) - a BBC podcast where Professor Jim Al-Khalili talks to leading scientists about their work
- [The Curious Cases of Rutherford and Fry](#) - a BBC podcast answering scientific questions sent in by listeners e.g could you get your daily diet intake with pizza
- [Science Friday](#) and [Undiscovered](#)—general science podcasts
- [Outside](#) - a podcast and articles about sport, health, technology and science
- [Science Journal for Kids](#)—cutting edge scientific articles, adapted for younger readers
- [LabXchange](#) - science learning platform created by Harvard University
- [The Feynman Lectures on Physics](#) - the classic lecture series, transcribed
- [In Our Time](#) - a selection of episodes from the BBC's long running show about the history of ideas
- [iPlayer: Science](#) - all the BBC TV shows about science and nature in one place
- [Science Research Library](#) - an international online platform publishing research
- [ScienceDirect](#) - website which provides access to a large bibliographic database of scientific and medical publications (not all content is free and you will need to register)
- [WorldWideScience](#) - global science search engine designed to share scientific knowledge



# Resources for Business & Economics



The Economist

- [Magazines: The Economist, Newsweek, The Week, The New Yorker, Time](#) - access to all of these titles is provided through RBDigital and Dorset County Libraries



- [The Financial Times](#) - THS students and staff can read the FT for free by registering an account via [www.ft.com/schoolsarefree](http://www.ft.com/schoolsarefree) where they can search for our school name, then click 'Request your signup link' and enter their school email address. This will then sign them up to a weekly digest email of articles, videos etc



- [Unlimited Newspapers](#) - Access thousands of newspapers every day, along with 90 days of back issues from national, provincial, and global leading publications. Access via Dorset County Library.

- [Newspaper Archive \(Newsbank\)](#) - provides a 10 year archive of UK national and local newspapers. Access is via Dorset County Library.



- [Business Review Archive & Economics Review Archive from Hodder Education](#) – available via school subscription

- [Crashcourse](#) – entertaining educational videos, including series on Economics, Intellectual Property and Business Entrepreneurship

- [50 Things That Made the Modern Economy](#) – a podcast about the history of business and economics

- [Managing My Money for Young Adults](#) – a free course from the Open University covering taxes, budgeting, savings, credit and all you need to know about money and personal finances

- [Oxford Reference](#) – including the Oxford Dictionary of Business and Management

- [More or Less](#) - podcast with Tim Hartford trying to make sense of the statistics in our lives

- [Planet Money](#) - a podcast using “creative and entertaining” narrative to explain economics



# Resources for Politics

PreChewed Politics



What are the President's implied powers as Commander-in-Chief?

- [PreChewed Politics](#) - A Level resources for politics accessed via the school subscription



- [MASSOLIT](#) - curriculum based short talks by lecturers covering UK, US and Global politics plus political ideology. All students studying A Level Politics have automatic access using their school email and password THSchool



- [Magazines: The Economist, Newsweek, The Week, The New Yorker, Time](#) - access to all of these titles is provided through RBDigital and Dorset County Libraries

- [Unlimited Newspapers](#) - Access thousands of newspapers every day, along with 90 days of back issues from national, provincial, and global leading publications. Access via Dorset County Library.



- [Newspaper Archive \(Newsbank\)](#) - provides a 10 year archive of UK national and local newspapers. Access is via Dorset County Library.

- [From Our Own Correspondent](#) - top quality radio reporting from around the world

- Podcasts on politics including:

[Political Thinking with Nick Robinson](#) - Nick talks about what's really going on in British politics

[Westminster Hour](#) - all the big political stories with lively discussion and comment

[Week in Westminster](#) - assessment of the week in Westminster

Plus lots more available on the BBC

- [Page 94: The Private Eye Podcast](#) - Ian Hislop and Private Eye venture into the world of audio

- [Oxford Reference](#) - includes the Oxford Dictionary of Politics and International Relations



# Resources for Geography



- [Magazines](#): National Geographic, BBC Wildlife, The Economist, Lonely Planet, Wanderlust Magazine – access to these titles is available through RBDigital and Dorset Public Libraries

- [Geographical Review Magazine from Hodder Education](#) - 10 years searchable archive of articles from this magazine via school subscription

- TV Series

[David Attenborough box sets](#) – explore the natural world on television

[Simon Reeve](#) – a series of excellent travel documentaries from the BBC

- [Time for Geography](#) – educational videos on all aspects of the geography syllabus covering GCSE and A Level

- [From Our Own Correspondent](#) – selection of fascinating stories from reporters around the world

- [Worldmapper](#) - collection of world maps where territories are resized according to different subject matter (including Donald Trump tweets!)

- [The True Size](#) - try to get your head around the size of different countries when they are compared to each other

- [National Geographic Kids](#) - cross-curricular resources for science and geography

- [Gapminder](#) - a website sharing information and common misconceptions about global issues to increase understanding of poverty, health, population and more

- [Google Earth Tours](#) - virtual tours of the ocean, famous landmarks and more

- [Ask the Geographer](#) - a podcast from the Royal Geographical Society

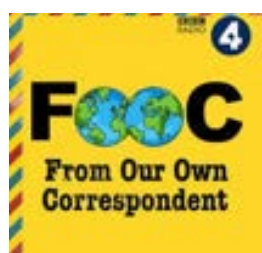
- [Geography at Home](#) - resources and links from the Royal Geographical Society

- [Follow the Things](#) - website about where the products we use come from

- [Overheard at the National Geographic](#) - podcast from the explorers, photographers and scientists who work with National Geographic magazine

- [BFI RGS Films](#) - historical films from international expeditions

- [Oxford Reference](#) - including the Oxford Dictionaries of Geography, Human Geography, Countries of the World, Ecology and more. Access provided via Dorset County Libraries



**Royal Geographical Society**  
with IBG

Advancing geography  
and geographical learning



# Resources for History



- [Magazines: BBC History, Horrible Histories, BBC History Revealed, Who Do you Think You Are](#) – access available through RBDigital and Dorset Library Service
- [History Today](#) – quality history articles and fully searchable access to the archive via school subscription



- [Churchill Archive for Schools](#) - covering 20th century history with resources written by history teachers covering the GCSE and A Level content. Lots of information is available for free but the school is also registered. Login: THSchool Password: THSchool



- [Women's Library](#) - England's main library and resource on women and the women's movement

- [Google Arts and Culture](#) – explore high quality coverage of historical events

- [Dictionary of National Biography](#) – biographies of over 55,000 people who shaped Britain, from earliest times to present. Access provide by Dorset Libraries.



- [50 Things that Made the Modern Economy](#) – a podcast about history, business, design, technology and politics

- [CrashCourse](#) – entertaining educational videos, including series on World, European and American History

- [iPlayer: History](#) – all the BBC TV shows about history in one place

- [Stuff You Missed in History Class](#) – a podcast about less-discussed history topics

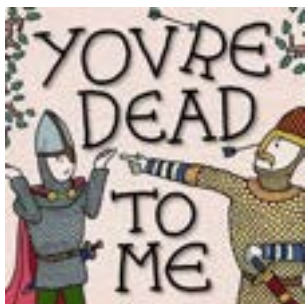
- [You're Dead to Me](#) – a fun history podcast from the BBC

- [Great Lives](#) – a Radio 4 series about inspirational people

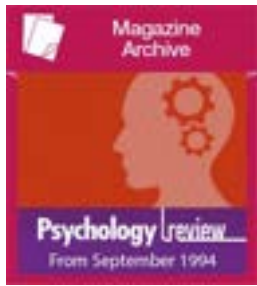
- [In Our Time](#) – a selection of episodes from the BBC's long running show about the history of ideas

- [History Chicks](#) – podcast discussing women in history

- [Oxford Reference](#) – including the many Oxford Dictionaries of History. Access via



# Resources for Psychology & Sociology



## PSYCHOLOGY

- [Psychology Review Archive from Hodder Education](#) - searchable archive of 10 years worth of articles via paid for school subscription
- [All in the Mind](#) – BBC podcast about psychology
- [PubPsych](#) - a free information retrieval system for psychological resources
- [A History of Delusions](#) – an experimental psychologist explores cases of delusion
- [CrashCourse](#) – entertaining educational videos, including series on Psychology
- [Starting with Psychology](#) – a five hour course from the Open University  
Introduction to Crime and Criminology – a 6 hour course from the Open University
- [Introduction to Child Psychology](#) – an 8 hour course from the Open University



## SOCIOLOGY

- [CrashCourse](#) – entertaining educational videos, including series on Sociology
- [Thinking Allowed](#) – a BBC podcast about new sociological research
- [Introduction to Crime and Criminology](#) – a 6 hour course from the Open University
- [The Sociology Show Podcast](#) – podcast which conducts interviews with a range of different people within the world of sociology
- [SAGE Sociology](#) – SAGE is a leading publisher of educational material for sociology
- [The Social Breakdown](#) – podcast which breaks down the social world in different topics





# Resources for Art & Photography



- [Magazines: Amateur Photographer, Artists & Illustrators, Huck, Paint & Draw, Digital Camera World, Digital SLR Photography](#) - access to all of these titles is provided through RBDigital and Dorset County Libraries



- [Google Arts and Culture](#) - explore high quality coverage of the world's best museums and galleries from home

- [Tate Galleries](#)—browse the collections of these major galleries online

- [National Gallery](#) - explore a virtual tour of this amazing gallery

- [Victoria and Albert Museum](#)—browse the museum's collections online



- [Draw Every Day with JJK](#) - author and illustrator Jarrett J Krosoczka is offering regular new drawing tutorials, and you can watch all the previous episodes on his YouTube channel

- [iPlayer: Arts](#) - all the BBC TV shows about art, theatre, dance and more

- [Oxford Reference](#) - including the Oxford Dictionaries of Art and Artists, Art Terms, and Companion to the Photograph. Access provided by Dorset County Libraries

- [GIMP](#) - a free alternative to Photoshop for image editing

- [The Lonely Palette](#) - this podcast puts one painting under the spotlight in each episode

- [Bow Down](#) - podcast dedicated to significant female artists from the past

- [Talk Art](#) - podcast dedicated to the world of art

- [ArtCurious](#) - podcast about the strangely unexpected in art history

- [Sculpting Lives](#) - short podcast series about five women sculptures



# Resources for Music & Performing Arts



- [Magazines: Mojo, Q, BBC Music, Rolling Stone](#) - access to all of these titles is provided through RBDigital and Dorset County Libraries
- [National Theatre Online](#) school access - high quality recordings of 30 performances including Romeo & Juliet, Frankenstein, Jane Eyre  
Username: 6Uh-1Yq%o#  
Password: 2Zv-8Hx(uP)

National  
Theatre

- [BBC Arts: Culture in Quarantine](#) – a space of the BBC’s curated output on every aspect of the Arts during this crisis



- [Radio Garden](#) - listen to live radio from all over the world on this amazing website

- [Song Exploder](#) - a podcast about music and songwriting

- [Audacity](#) - free software for sound editing

- [Chrome Music Lab](#) - interactive, music based visualisations for science, maths & art

- Orchestra’s worldwide providing free to view access to concerts – [BBC Concert Orchestra](#), [Stockholm Konserthus](#)

- [iPlayer: Music](#) – all the BBC TV shows about music in one place

- [Front Row](#) – the BBC’s flagship programme about the world of literature, film, media & music

- [Soul Music](#) – podcast about music and stories from Soul and R&B artists

- [Crashcourse](#) – fun educational videos, including a series on Theatre

- [Oxford Reference](#) – including the Oxford Dictionaries of Music, Theatre and Dance. Access via Dorset County Library

- [Oxford Music Online](#) – ultimate authority on all aspects of music worldwide. Access via Dorset County Library



# Resources for T&E and PSHCE



## THEOLOGY, ETHICS AND PHILOSOPHY

- [Dialogue](#) - Specialist journal for A Level Religious Studies and Philosophy. Current and back issues are fully searchable on the LRC WebApp
- [RS Review Archive](#) - subscription taken by the school. Browse over 10 years' worth of articles, giving access to previous philosophical and ethical thought and analysis still relevant to the A-level today
- [Magazines: Philosophy Now](#) - access to this title is provided through RBDigital and Dorset County Libraries
- [CrashCourse](#) - educational videos including a course on Philosophy
- In Our Time: [Religion](#) and [Philosophy](#) - selections of episodes from the BBC's long running show about the history of ideas
- [Morality in the 21st Century](#) - BBC radio series by Rabbi Jonathan Sacks, with contributions from sixth form students
- [University of Oxford Philosophy Faculty](#) - listen to series and lectures from this world renowned university
- [Introducing the Philosophy of Religion](#) - a 12 hour course from the Open University
- [Oxford Reference](#) - including the Oxford Dictionaries of Philosophy, The Bible, Religion, Hinduism, Islam, the Jewish Religion, the Christian Church, World Religions and the Oxford Companion to Philosophy. Access via Dorset Public Libraries.

## PSHCE

- [Complete Issues](#) - articles, facts and videos on all PSHE subjects including Science, Crime, Media, Environmental Issues, Economics and Wellbeing  
Access via school account: Username - HEINRICH Password - 7003
- [Issues Online](#) - top articles and statistics on a whole range of subjects covering Ethics, Bullying, Disability, Wider World, Drugs, Food & Drink Finance  
Access via school account: Username - THSchool Password - THSchool



# Resources for Sport and PE

- [Magazines: FourFourTwo, Match of the Day, Country Walking, Beginner's Guide to Triathlon, Women's Fitness, Men's Fitness, F1 Racing UK, Runner's World, Running for Beginners, Cycling Plus, Mountain Biking UK, The Great Outdoors, Motorcycle Sport & Leisure, Women's Health UK, Sailing Today, Men's Health, Cycling Weekly, Gold World](#) - access to all of these titles is provided through RBDigital and Dorset County Libraries

- [iPlayer: Sport](#) - all the BBC TV shows about sport in one place

- [BBC Sport](#) - news coverage of all sporting events

- [Oxford Reference](#) - including the Oxford Dictionary of Sport Studies and the Berkshire Encyclopaedia of World Sport. Access provided via Dorset County Libraries

- [Outside](#) - a podcast about sport, health, technology and science

- [Replay](#) - a podcast of classic BBC commentaries from major sporting events

- [A Level PE](#) - information and resources for OCR A Level PE, from a PE teacher

- [Fit and Fearless](#) - podcast about fitness, health and body confidence

- [Seterra](#) - quiz yourself on your knowledge of human anatomy

## KEEPING FIT AND STAYING ACTIVE

- [Get Fit for Free](#)—NHS guidance on free ways to exercise, including exercises that can be done at home and/ or without equipment

- [Couch to 5k](#) - the popular NHS course for beginner runners

- [Active10](#) - an NHS app for tracking your quick walks

- [Yoga with Adriene](#) - free coaching on YouTube

- [Joe Wicks, Body Coach](#) - free workouts on YouTube



BBC  
SPORT



Outside  
PODCAST



BBC  
REPLAY



YOGA WITH ADRIENE



COUCH  
TO 5K

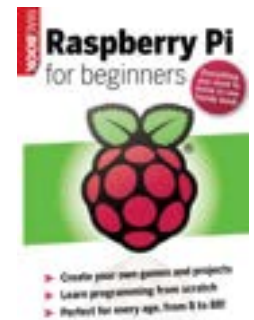
# Resources for Technology and Computing

## DESIGN TECHNOLOGY



- [Magazines: BBC Good Food, Delicious, Vogue, Net, T3, How it Works, Wired, Stuff, Healthy Food Guide, Food to Love, BBC Easycook, Food Heaven](#)
- [iPlayer: Food](#) - all the BBC TV shows about food, in one place
- [99% Invisible](#) - a podcast about architecture and design which shape our world
- [50 things That Made the Modern Economy](#) - a podcast about design, technology, history, business and politics
- [Articles of Interest](#) - a podcast which delves into different aspects of dress
- [CrashCourse](#) - entertaining educational videos, including series on Engineering, Computer Science, AI and gaming
- [Introduction to Design Engineering](#) - a 10 hour course from the Open University
- [Engineering Matters](#) - a podcast celebrating the work of engineers and engineering solutions
- [Outside](#) - a podcast about sport, health, technology and science

## COMPUTING



- [Magazines: TechAdviser, Net, TechLife, Raspberry Pi for Kids, Raspberry Pi Complete Manual, Raspberry Pi for Beginners, MicroMart, MacWorld UK, iCreate, TechLife, Computeractive, Coding for Kids: Scratch](#)
- [Code Academy](#) - 90 day free trial for UK school students to learn to code
- [Scratch](#) - you can download Scratch to use at home
- [Typing.com](#) - learn to touch type
- [Simple Coding](#) - a two hour course from the Open University
- [Computing Britain](#) - BBC radio series about the history of computing in Britain
- [Code.org](#) - computer science and coding resources
- [W3schools](#) - training website for learning web tutorials online

# HELPLINES

Except where stated, contacting these helplines is free, confidential, and shouldn't show up on your phone bill.

## Emotional Support

**ChildLine:** call **0800 1111** (24/7) or visit [www.childline.org.uk](http://www.childline.org.uk) to chat with a counsellor one to one.

**The Samaritans:** call **116 123** (24/7), email [jo@samaritans.org](mailto:jo@samaritans.org) or visit [www.samaritans.org](http://www.samaritans.org)

**The Mix:** call **0808 8084994** (3pm—12am) or visit [www.themix.org.uk/get-support/speak-to-our-team](http://www.themix.org.uk/get-support/speak-to-our-team) for email, live chat and counselling options

**CALM**, specialist service for young men: call **0800 585858** or visit [www.thecalmsone.net/](http://www.thecalmsone.net/) help for webchat (5pm—midnight)

**Shout:** free confidential 24/7 text messaging service in the UK to text with a trained volunteer. Text **SHOUT** to **85258**.

## Physical and Mental Health

**NHS 111**, for urgent medical worries: call **111**. In emergencies call **999**.

**Chathealth:** a confidential texting service for all young people aged 11-19 in Dorset. Text **07480 635511** so speak to a nurse.

**National Sexual Health Helpline:** call **0300 1237123** (9am—8pm, Monday to Friday)

**HopeLineUK**, for young people who may be having thoughts of suicide: call **0800 0684141**, text **07786209697**, or email [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org) (Every day 9.00am—12.00am)

**B-eat**, for support with eating disorders: call **0808 8010711** (9am—8pm weekdays, 4-8pm weekends), email [fyp@beateatingdisorders.org.uk](mailto:fyp@beateatingdisorders.org.uk) or visit [www.beateatingdisorders.org.uk](http://www.beateatingdisorders.org.uk)

**Anxiety UK:** call **03444 775774**, text **07537 416905** (calls and texts are charges at your standard network rate, and may show on your bill), email [support@anxietyuk.org.uk](mailto:support@anxietyuk.org.uk) or visit [www.anxietyuk.org.uk/live-chat](http://www.anxietyuk.org.uk/live-chat) (9.30am—5.30pm weekdays only)

**Self-injury Support**, specialist service for women and girls: call **0808 8008088** or text **07537432444**, or email [tessmail@selfinjurysupport.org.uk](mailto:tessmail@selfinjurysupport.org.uk) (Tues-Thurs 7-9.30pm)

**Frank**, for advice about drugs; call **0300 1236600**, text **82111** (24/7 calls and texts are charged at your standard network rate, and may show on your bill), email [frank@talktofrank.com](mailto:frank@talktofrank.com) or visit [www.talktofrank.com](http://www.talktofrank.com) for live chat and information.

## Home Life

**Runaway Helpline**, for anyone considering running away from home: call or text **116000** (24/7) or email **116000@runawayhelpline.org.uk**

**CentrePoint**, for homeless young people: call **0808 8000661** (Monday to Friday, 9am - 5pm) or visit **www.centrepoin.org.uk** for webchat and information.

**Always Heard**, for people in care, or who need help from Children's Services: call **0808 8005792**, Whatsapp or text **07758 670369**, email **help@coramvoice.org.uk** or visit **www.coramvoice.org.uk**

## Rape, Abuse and Violence

**Rape Crisis**, for anyone who has experienced sexual abuse or rape: call **0808 8029999** (12 noon - 2.30pm and 7 - 9.30pm) for the national helpline.

**YouFirst** (Domestic Abuse Helpline for Dorset) **0800 032 5204**

**Refuge**, for victims of domestic violence: call **0808 20000247** (24/7 calls are free from landline phones only, and may show up on a mobile phone bill), or visit **www.nationaldahelpline.org.uk**

**Victim Support** if you have been affected by any kind of crime: call **0808 1689111** (24/7) or visit **www.youandco.org.uk**

**Dorset local victim care** in Dorset: **0300 3030 163** (Mon-Fri 9am - 6.30pm)

## LGBTQ+

**Switchboard**: call **0300 330 0630** (10am - 10pm, calls are charged at your standard network rate, and may show up on your bill), or email **chris@switchboard.lgbt** Chat available after 6.30pm **www.switchboard.lgbt**

**Mermaids**, for transgender young people: call **0808 801 0400** (9am - 9pm), text **mermaids** on **85258**, email **info@mermaidsuk.org.uk** or online chat at **www.mermaidsuk.org.uk**

## Faith-based

**Muslim Youth**, for support from a Muslim viewpoint: call **0808 8082008**, or email **help@myh.org.uk**

**Premier Lifeline**, for support from a Christian viewpoint: call **0300 1110101** (9am - midnight, calls charged at your standard network rate.)

*If you are struggling in any way about anything, please remember you can always speak to a member of THS staff.*